



# Grief Therapy with Latinos

Integrating Culture for Clinicians

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This book serves as both a graduate textbook and clinical reference that helps in the understanding of relevant cultural values and their effect on the grieving process. Grief Therapy with Latinos also addresses the application of specific interventions in a culturally appropriate manner, including the importance of language in grief therapy, psychology, and counseling with a Latino population.

The main focus of this book is to identify underlying pathologies, depressions, or anxieties that could have existed before, and the relevance of the cultural components that can interfere with the adaption to and the resolution of grief. Written in three parts-specific cultural and psychological components of Latino grief, the many faces of grief, and grief within the family context- each part demonstrates a clear hands-on approach to how to respond to Latino patients and addresses aspects universally related to grief and psychological points of view.

**Key Features:**

- Addresses culturally specific and diverse narratives of loss to illustrate cultural revelations in the grief process and the clinical assessment of denial and spirituality
- Discusses the relevance of language in the expression of grief, assessment, and treatment
- Presents clear and easy-to-read grief therapy approaches and methods
- Includes adaptations of traditional psychotherapeutic techniques, incorporating relevant cultural values

January 2011 · 320 pp · Softcover · 978-0-8261-0659-9 · \$55.00 / \$44.00 (Save 20%)

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